DATES TO REMEMBER – 2014

Every Tuesday lunchtime Science Help – A8
Every Tuesday 3:30 to 4:30, Maths Help - B4
Every Wednesday lunchtime English Reading – C1

23 October Celebration Day
(‘The Zone’ Bendigo)
28 October Parent Forum
9.15 – 10.15am
28 October Yr7 LOTE Vic Market Excursion
29 October Written VCE Exams Commence
31 October Free Dress Day & Sausage Sizzle
31 October Doxa Cadetship - Applications close
2 November Old Hepburn Hotel Performance afternoon
3pm – 6pm
4 November NO SCHOOL - Public Holiday – Melbourne Cup
12 November Art Exhibition at Hepburn PS Exhibition part of Swiss Italian Festa
13 November Immunizations Year 7 & 9
15 November Swiss Italian Street Parade and school’s concert, Hepburn Springs
18 November Working Bee- Prune & Paint
19 November Final Written VCE Exam
20 November Valedictory Dinner

Term Dates 2014
Term 4 6 October – 19 December

Online Calendar and Newsletters

Calendar
Newsletter web.daylesfordsc.vic.edu.au/dsc/newsletters/
Subscribe to Newsletter www.daylesfordsc.vic.edu.au
Click link “Join our Mailing List”
Facebook www.facebook.com/pages/Daylesford-Secondary-College/

COMING EVENTS
Year 12 Farewell & Celebration Day

Principal’s News - Mr Graeme Holmes

Congratulations to Jordan Barry and Amy Naylor for their outstanding performances at the sports earlier this week. They performed admirably, as did all of our representatives. Jordan and Amy will be progressing to the next level competing today at Albert Park, South Melbourne and wish them both all the very best.

It seems like a long time ago – in reality only a few weeks – that I went to the Town Hall for the annual school’s music festival sponsored by Rotary. The concert was a fantastic night of celebration where the local schools sang, danced and acted their way through a series of plays, skits, musicals and choirs. It was an uplifting evening of fun and enjoyment for all. Congratulations go to our bands for their wonderful contribution to the night and a special note of thanks to Susan Verbyla and her team for organising and coordinating the evening.

Again, it seems like a long time ago that we held the Parent/Teacher/Student interviews. We had a good turn up of parents and students to these important sessions. Many took the opportunity to meet with teachers and hear about progress as well as learn about ways to continue the learning journey. Thanks to all who made the time and effort to attend as I am sure that all involved gained immensely from the sessions. I will be holding a parent forum on Tuesday 28th October at 9.15am at which time I will be asking for your feedback on the Parent/Teacher/Student interviews.

School Maintenance:
There has been considerable debate and intense lobbying over the past 12 months for improvements to the school buildings here at
Daylesford Secondary. Commitments have been made and many ideas have been proposed for a range of projects including refurbishment of existing buildings, commencement of Stage 2 and various maintenance projects. Much of this will be played out through the political arena. Meanwhile, we need to maintain and enhance the buildings we know will be our responsibility into the future. It is pleasing to note that we have just been informed that we have been allocated $139,000 for maintenance of “D Block”. D Block is the art, visual communications, music and auto building. We will have more information on the maintenance requirements for this building shortly.

Coming Up:
There are only a few days remaining for our Year 12 students before they commence their study period. Exams have already commenced for some students involved in performances and some oral exams. Written exams commence with English on Wednesday 29 October.

A final assembly will be held for the Year 12 students on Tuesday 21st October. This will be a celebration of their time at school, many of whom have attended Daylesford Secondary College for the past six years. It will be a sad time but also a celebration and acknowledgement of the time, effort and work of our Year 12 students. I would like to take the opportunity to thank the Year 12 students. I have only known them for a short amount of time but I have enjoyed the interaction and welcome extended to me. Special thanks go to our school captains, Edwin and Kelly, both of whom have done a wonderful job and thanks to Aaron and Cassie for their support.

All the very best to our exiting Year 12 students. Best of luck in the exams and all the best for your future at further education or work.

Daylesford Secondary College Statement of Values
Over the past few newsletters the school values statement has been summarised. Today we look at some of the responsibilities of the Principal and School Leaders.

As Principal and School Leaders we will:

- Work collaboratively to create a school environment where respectful and safe conduct is expected.
- Behave in a manner consistent with the standards of our profession and meet core responsibilities to provide inclusive, safe and orderly environments.

- Plan, implement and monitor arrangements to ensure the care, safety, security and general wellbeing of all students in attendance at the school is protected.

Invitation to Parents
I would like to extend an invitation to parents to meet with me on Tuesday 28th October to discuss some current issues as well as to get your ideas on future projects.

The details are:
Activity: Parent Forum
Date: Tuesday 28th October
Time: 9.15-10.15am
Venue: Conference room at DSC

All welcome to come along and have an input to our College.

Graeme Holmes (Principal)

Every Day Counts
Openly communicating with your child’s school about absences is a good way to prevent attendance issues being escalated to a School Attendance Officer.

From Every Day Counts Department of Education and Early Childhood Development

Uniform:
Just a reminder that Daylesford Clothing is the official supplier of the Daylesford Secondary College uniform. The girls school pants purchased from other suppliers are not approved school uniform. You can be assured that you are purchasing the correct uniform when you buy at Daylesford Clothing.

College News & Notices

Free Dress Day and Sausage Sizzle on Friday 31st October
As part of the fund raising activities the leadership students are undertaking there will be a free dress day and sausage sizzle which will be held on Friday the 31st October. The funds raised by this event will be used to refurbish the basketball courts, with the extent of this work to include: Repainting the lines; Repainting or replacing the backboards; Fixing the bottom of the fencing; and a general clean up of the outer perimeter. The majority of these works will take place during the working bee on the 8th November.
Working Bee
8th November 9 till 12
Jobs that need doing-
Weeding, Painting, Pruning and Digging a drain.
“Sausage sizzle” afterwards

Coming to help out for some or all of the time!
For catering purposes or more information please contact Lisa Brewer at the school (ph: 5348 2367) and let us know you are coming! Also let Lisa know if you have tools you can bring or what job you would like to work on.

Student Engagement & Wellbeing

Next Immunization Thursday, 13th November, 2014

Year 7 Boys & Girls
Gardasil 3rd and Final Dose
(4mths after the 2nd Dose)
Chickenpox Single Dose

Year 9 Boys
(Catchup Program)
Gardasil 3rd and Final Dose (4mths after the 2nd Dose)

Special Breakfasts: Bacon & Eggs kindly sponsored by Victoria Police - Daylesford & Bacchus Marsh.

Thank you to Victoria Police, Daylesford and Bacchus Marsh, for providing a bacon and egg breakfast to the school community on Tuesday 14 October.

Mittagundi

Mittagundi is an Outdoor Education Centre set on a stunning 400acre property in the footrills of the Victorian High Country. Every fortnight a new journey begins as around twenty 14-17 year olds and two Clydesdale horses walk into the property, camping overnight in the mountains. Once there the new friends learn the ropes of milking the cow, chopping wood, baking the bread and getting the everyday farm activities done. All without electricity!

Then a picnic is packed for the raft down the Mitta Mitta River and the abseil from a picturesque valley rock face before the team commences the 2-day journey back out. The atmosphere at Mittagundi is simple, honest and happy. There are no watches, no timetables and no money. Instead there is an opportunity for young people to live and work together in an environment where people matter more than anything else. Anyone aged 14-17 can come. They just have to be keen to get away and to meet new people.

“Never spent a more memorable, challenging, emotional and, above all, fantastic 10 days”

2015 Program Dates

Contact the Business Manager
M:0467 678 818
E:info@mittagundi.org.au
W:www.mittagundi.org
SPORT

Last Friday at Llanberris Reserve in Ballarat the following students excelled in their specific events against competition from the whole Western Region of Victoria.

Jordan Barry 1st 12/13 Age 100m, 200m, Long Jump
2nd High Jump
Amy Naylor 1st 12/13 Age Triple Jump
Eve Stockfeld 4th 14 Age 1500m

Jordan and Amy now progress to the State Championships in Melbourne on Friday 17th October. We wish them all the very best.

Martyn Nettleton
Sports Co-ordinator

Music

Performance Night Afternoon Sessions’ at The Old Hepburn Hotel

Sunday 2 November ‘PERFORMANCE NIGHT AFTERNOON SESSIONS’ The Old Hepburn Hotel | 3pm til 6pm|$3 ENTRY FEE
Students from Daylesford Secondary College are invited to play at either part of Daylesford Secondary or entry independently. Please see Ms. Verbyla if you would like to be included in the Daylesford Secondary College. Essentially an Open Mic Night, the Performance Night Afternoon Sessions seeks to entertain crowds whilst providing a stage for performers of all incarnations to strut their stuff and show off their talent on the first Sunday of every month. What began as a small performance space for local musicians 14 years ago has now become a well-established musical institution. Audiences vote with Applause & ‘best act of the day’ wins the Door $$. You can pre-book a 20 or 30min spot by contacting Nelephant Productions on or info@findlocalmusic.com.au or just turn up for a 5 min open stage.

OLD HEPBURN HOTEL, 236 Main Rd Hepburn

Children’s Landscape Exhibition

Hepburn Primary School and the Swiss and Italian Festa present the Children’s Landscape Exhibition, inspired by the 2014 theme “Memories.” All interpretations on this theme are encouraged. The competition will be judged in year groups: Pre-school, Prep, Grade 1, 2, 3&4, 5&6, 7&8, 9&10 and 11&12 by Kim Percy. Daylesford Secondary College musicians will provide a variety of musical entertainment for your enjoyment during the afternoon on Wednesday 12th November. Refreshments will be available. Sausage sizzle and a great fun afternoon for all.

Entries due by Monday 3rd November and should be delivered to Hepburn Primary School between 8:45am and 4pm Mon-Fri (or by appointment prior to November 3rd)

Prizes will be provided by Dulux and awarded as follows: Pre-school $10, Prep $15, Grade 1 $20, Grade 2 $25, Grade 3&4 $30, Grade 5&6 $35, Grade 7&8 $40, Grade 9&10 $45, Grade 11&12 $50.

Winning rosettes kindly produced and donated by Threadneedle Craft, Daylesford.

WHEN: Wednesday 12th November - 6pm
Thursday-Sunday 10am-3pm
COST: Entry by gold coin donation
WHERE: Hepburn Primary School Hall, Main Road, Hepburn

LOTE

Year 9 Italian Students - CO.AS.IT Performing Arts Competition

From left: Patricia, Sarah, Lochlan, Isabella and Bryleigh

On Tuesday 9 September our Year 9 Italian students performed their origanal play, “La Torta Proibita,” (The Forbidden Cake) at the Museum Theatre in Melbourne as part of the CO.AS.IT Performing Arts Competition. All CO.AS.It member schools are invited to take part in the competition and schools are asked to devise a short play inspired by a set Italian saying. This year the saying was, “I frutti proibiti sono i più dolci,” which translates, forbidden fruits are the sweetest. Isabella Thomas, Ngahuia Thompson and Sarah Bertoncello wrote a
delightful play about a boy called Peppino who is tempted by the devil who taunts him to eat a cake, intended for his grandparents and an angel who tries to keep Peppino from listening to the rather persuasive devil.

Miss Angela Lella, translated the play, directed and coached the students who on the day performed splendidly. Their Italian was clear and a joy to hear.

This was the third time we have participated in the competition and I am pleased to say that our students placed for the first time winning the Second Prize of $250.00 for the Italian Department.

It is also anticipated that students will use their experiences on this day for some English/SOSE/ICT activities.

Prior to the day, students in 7.1 and 7.4, who are currently studying Italian, will begin their assignment, which will be completed at the market. Students from 7.2 and 7.3, who completed Italian in first semester, will join the student groups from the current year 7 Italian classes. All students will be able to win small prizes for the best and most accurate team effort to complete their assignments.

To complete the assignment, students will visit the meat, fish, fruit and vegetables and deli sections of the market, to find out what ingredients are used in Italian cooking, how much they cost and to ask questions about how to cook them.

Afterwards, they will have pizza or pasta, soft drink and ice cream at La Porchetta’s, across the road from the market. If there is any free time afterwards, students will be allowed to return to the market for some personal shopping or browsing time.

For this excursion school uniform must be worn and while students are at the market, or nearby, they must always stay with at least 2 other students. We will return to meet the school buses, at the end of the school day.

Please note: In the past, some students have purchased chickens or other small animals at the market. Prior to the excursion, students will need a written note from their parents and we will make a phone call to confirm they are allowed to make such purchases.

The cost for this excursion is $24.00, which includes lunch at La Porchetta’s. Permission notes and payments must be handed in at the general office, no later than Friday 24th October. Unfortunately, late payments cannot be accepted. This is so we can ensure that buses can be paid for. However, please do not hesitate to call me at school if you have any questions, or difficulties regarding paying for the excursion.

Jenny Penaluna
Languages Coordinator

There have been several cases of head lice within the Junior School Learning Community. Please check your child’s head for lice and treat if required.
Cultural Development

Cultural Presentation “MANA”

‘A Recent Piece of Theatre’ MANA by Bernard Mangakahir. Part of our Artistic and Cultural Program – for Years 7 and 8.

What began quite conventionally soon became extraordinary, and the students were feeling it, we all were feeling it. You know, like meeting that person who is very charismatic, open and real, and they seem to really care about you. Bernard delivered a cultural presentation that left us all feeling ‘up’ and positive, with an enlightened mixture of emotion. The idea that you had just been in the presence of a very strong, humble and beautiful human being was evident.

Through being his charming self, he was able to disarm everyone in the theatre within minutes – calmly and skilfully he shared stories and family histories, threw out some personal challenges and gave us demonstrations of skill and cultural meaning, all of which illustrated a powerful personal story. It was a story of tradition, of friendship and hope. One of finding our own ‘inner strength’ (Mana), and recognising the important connections of family.

Bernard’s charming, no frills approach made it easy for students to connect with him and participate when required. The performance that student's paid $6 to see was money well spent and I’m sure those who did go would agree.

It should be said that these types of Cultural incursions (or excursions) are very important for the students to experience.

Because of our isolation from the diversity and affordability of these activities (when travel costs are included) we see it as essential that when these opportunities are offered, EVERY student who is eligible, needs to be in attendance. To those who chose not to go, you missed something!

Student - if you want to follow up with a short note of appreciation, there will be a card at the general office that I will send to his management company. I’m sure Bernard will appreciate our sentiments – think about what you could say in ten or less words.

Mr Cimera

Local Field & Games Clay Target Competition held at Benalla

Billy Biggs travelled to Benalla to represent Daylesford Secondary College at the local Field and Games Clay target competition. Approximately 290 students competed on the day with about 130 in Billy’s “New Boy” category, a term given to shooters who have not competed in competition.

Billy shot in two rounds with five different stations in each. He shot six targets from a possible ten in the first round and a perfect ten from ten in the second to get into a “sudden death” shoot off to eventually finish a commendable third in his group.

Billy would like to thank Ian Clark for the use of his shotgun, his Dad for driving him to Benalla, and Chubb Ryan for being the responsible shooter supervising him on the day.

Stanley Hammond Award

Connor, for acting as a positive role model to his peers.

Edwin, for helping canteen staff.
Student Support at Lunch Time and After School will continue in Term 4.

Science Help Tuesdays
If you are behind with your Science homework or if you just need a bit of science help then lunchtime Tuesday in A8 is for you! Bring your lunch and whatever you need help with of a science nature.

Student Reading Support
Every Wednesday students are invited to bring their English novel and lunch to the supervised English reading session in C1 at 12.55pm. This has been organised to assist students with reading their English texts.

After School Maths Help continues in Term 4.
Maths teachers are available to help students with their homework or other maths work after school every Tuesday 3:30 to 4:30 in B4.
Ms Arndt

MIPS & Careers Update
Week 2 Term 4 2014

Year 12 students
Our Year 12 students are preparing for exams and their final school days. We wish them luck and success. We expect all these students will visit, or contact us in the week of 15th December to finalise further study options.

A career in Policing
There is a video series giving the community a chance to find out more of what it takes to become a police officer. Watch a police constable’s experiences during the 33 weeks of training at the Victoria Police Academy. See: www.youtube.com/VPBlueTube.

Defence Forces
Army, navy and air force are hosting an Australian Defence Force Academy (ADFA) Facebook chat at 6.30pm, Thursday 23 October. The link to the chat page is: http://www.facebook.com/events/1485699831716414/.

Advice for parents and students on VCE study
Monash University has produced a range of high quality videos offering tips and advice from students and parents who have survived VCE. See: https://www.youtube.com/user/monashunivideo

Current Year 10 & 11 students
VCE Summer School (VCESS) is a two-week tutoring program that takes place in January and aims to help high school students from disadvantaged backgrounds gain a head start on their final years of education. It’s run by students for students, with a particular focus on creating a healthy study-life balance, helping to correct the disadvantage in the Victorian education system and providing tutoring on a wider range of subjects than any other academic service provider. http://umsu.unimelb.edu.au/jump-in/summerschool/

More than truck driving - Logistics
Ever wondered how your clothes make it to the store or how the food you eat gets from the farm to you fork? Logistics involves the integration of information, transport and handling of these materials to meet customers’ needs. There is a vast array of career opportunities in logistics, from entry level to senior management. The Victorian Transport Association is again offering traineeships in logistics in 2015. This is a two-year program which has young people employed full time with Transport and Logistics companies while they study a Cert IV in Logistics and a Diploma of Logistics. For more information: call Leni on 9646 8590, visit www.vta.com.au or email cadetship@vta.com.au.

Current Year 9 & 10 students Science Experience
The following institutions are conducting Science Experiences. Three-day programs $115

ROTARY SPONSORSHIP - As this is a program supported and promoted by Rotary International since its beginnings in 1990, most Rotary clubs are willing to sponsor one or more students for full or part of the registration fee. If you wish to seek sponsorship you need to send your completed application form to a local club for consideration. You should normally allow the club about three to six weeks to consider your application before checking with the Rotary club whether sponsorship has been provided. For contact details of your local Rotary club please call 1300 4 ROTARY or www.rotary.org.au.

RMIT
This is three fun-filled days of hands-on activities. It allows next generation if curious scientists to go behind the scenes and sample the world of science and technology. Perform experiments, participate in
field trips, attend university lectures, and experience three days of student life on campus.  
**When**: Tues 20-Thurs 22 Jan, 2015

**Monash University, Clayton**  
Program Dates: 13 - 15 January 2015  
We run rotation sessions in five key science disciplines, geosciences, biology, chemistry, physics and mathematics. Students get a taste for the subject at first year university level, work in our state-of-the-art laboratory spaces, and meet lecturers in these subjects. Each year we have entertaining guest speakers and run tours through Monash’s impressive facilities, for example the Monash Accident Research Centre’s driving simulator, and the Human Anatomical Sciences Learning Resource Centre. We also run a social night including barbeque and disco, which is a hit every year.  
University of Melbourne, Parkville  
Program Dates: 14th - 16th January 2015

**The University of Melbourne**  
Program Dates: 14-16 Jan 2015  
ConocoPhillips Science Experience aims to expose you to how different and exciting university science and beyond really is! Science is more than biology, chemistry and physics that you learn at school and we want to show you that. Our program is designed to interest, challenge, excite and entertain you. From extracting DNA, playing with millions of bacteria, engineering solutions to problems, exploring elements and discovering just how cool rocks and plants can be, the University of Melbourne's ConocoPhillips Science Experience has something for everyone.

**The Gordon, Geelong**  
Program Dates: will run in December 2014  
Students are involved in fascinating lab experiments, such as colourful chemistry, blood sampling, and microbes. Science disciplines such as astronomy, computer science, medical science and sustainable science as well as covering the general chemistry, biology and physics.

**RMIT Racing at Calder Park**  
RMIT Racing invites secondary students to attend the Formula SAE, Melbourne's largest engineering competition at Calder Park Raceway. See the RMIT Electric and renewable ethanol fuelled cars fired up and competing.  
**When**: 9am-4pm, Sat 13 and Sun 14 Dec;  
**Where**: Calder Park Raceway;  
**Info**: Rose, De Amicis, SAE Australia, Ph 9676 9568.

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**Uniform**  
Just a reminder that *Daylesford Clothing* is the official supplier of the Daylesford Secondary College uniform. You can be assured that you are purchasing the correct uniform when you buy at *Daylesford Clothing*.

**Daylesford Secondary College Windstopper Black Jackets**  
are now sold by Daylesford Clothing  
*Vincent Street, Daylesford*  
**Price**: $69.95

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**Community News**

**Hepburn Relocalisation Network - Bushfire Forum - Daylesford Town Hall - October 17th**  
We are holding this fire forum to encourage people to learn to live with bushfire rather than fear.

Three speakers, three aspects of bushfire; Head/Hands/Heart - facts and the science/practical things we can do/how to keep feeling safe.

Kevin Tolhurst  
**Firestorm Physics** How did the Black Saturday fires burn? Will we be likely to have another like that soon? Will climate change make things worse?"  
Kevin Tolhurst is a Melbourne University scientist based at the Creswick campus. He provides expert advice on fire behaviour and fire suppression strategies at major bushfires, including the Black Saturday fires of 2009, and the Great Divide Fires in 2007. Tolhurst's current research activities focus on developing a decision support system for bushfire risk management to be used nationally. Tolhurst’s current research activities focus on developing a decision support system for bushfire risk management to be used nationally.

Joan Webster  
**Household Fire Planning** Is stay and defend or leave early still relevant?"  
Joan Webster OAM has campaigned for over 30 years for more effective and easily understood bushfire safety information for the public. She is also the author of several books on bushfire safety highly acclaimed by authorities and scientists throughout Australia and overseas.

The CFA has hailed her 2012 *Essential Bushfire Safety Tips* as ‘An outstanding achievement
and a book that could certainly help save lives within the community’. Joan has updated her books after the Black Saturday Fires but her fundamental message remains unchanged, that resident can do a great deal to avoid the worst results of bushfires.

Daryl Taylor  “Psychology and Sociology of Resilience  How can I face a fire? What happens if I get caught and can’t leave? What do I do afterwards?”

Daryl Taylor survived Black Saturday with his family in Kinglake and was subsequently elected to the Kinglake Ranges Community Recovery and Resilience Committees. Over the past 5 and a half years, he has been involved in many community-based recovery projects and advocacy processes. He also facilitated the Combined Community Recovery Committees Delegation. Daryl with colleague, Helen Goodman, researched and authored a comprehensive report for CatholicCare entitled ‘Towards Place-Based and Community-Led Disaster Preparedness, Responsiveness, Recovery and Renewal’.

$10pp pre booked $15 at the door  HRN@internode.on.net  5348 3636

7pm -10pm
Stay for supper afterwards
Su Dennett
Co-convenor
Hepburn Relocalisation Network
email: HRN@internode.on.net
phone: 03 5348 3636
check out or subscribe to our blog at: www.relocalisehepburn.blogspot.com

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**DAYLESFORD TENNIS**

**TENNIS TIME**
GET FIT, HAVE FUN IT’S STARTING SOON...
OPEN TO ANYONE AT SCHOOL
COME & TRY TENNIS OPEN DAY
SUNDAY 19 OCT 10.30am -12.30pm & PLAY SATURDAY MORNING’S
AT 9.15am STARTING 25 OCTOBER
Just come along to the courts at West St Daylesford – no experience needed!
For more info  www.daylesfordtennis.com

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**The ARC**

The ARC is looking for interested people/kids to take part in our HUGE garage sale and be stall holders and spread the word amongst your community.
Thank you.
Kareena Hodgson
kareenah@ourneighbourhood.org.au
The Daylesford Arc (Mon & Thurs)
Activities Co-ordinator
03 5348 1777
0410514972

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**DAYLESFORD GIRL GUIDES**

* COME AND TRY NIGHT *

Do you enjoy camping, games, craft, cooking, excursions and having fun?
If so, we would love to meet you!
Girl Guides is for girls who want to learn new skills, meet new friends and get involved with their community.
Come and try Girl Guides, for girls and women of all ages.

Tuesday 28 October
6.00 to 7.30 pm
Guide hall, 7 Duke Street, Daylesford

Please contact Nerida Nelson 0409 973 290 or Annette Fisher 0409 393 190.
Visit www.guidesvic.org.au for more information.
Macedon Ranges Shire Council, FReeZA and YMCA

are running a Skate/BMX competition event on
Sat 25th of October from 9am – 4pm
Gisborne Skate Park
Free Entry
All ages
Come n try clinics (equipment provided)
Food and Drinks available
Fully Supervised

Daylesford Disability Parent support Group

Daylesford Disability Parent Support Group
Come and join other local parents of children with a disability to gain support and knowledge about disabilities, services and parenting. Enjoy a cuppa and make friends in a relaxed, child-friendly space.

Where:  Daylesford Community Health Centre.
Corner Hospital Street & Jamieson Street
Daylesford.

When:  2nd Monday of the month during the school term:
November 10th, December 8th, 2014.

Time:  10.30am -12.30pm.  Cost:  Free

For more information:
Melissa, Parent Support Coordinator.  Phone:  5329 1361
mdelalanddesfosses@pinarc.org.au

Centacare Workshops

Mindfulness and Managing Strong Emotions
Emotions arise from the mind. Who is in charge of your mind and, therefore, your emotions? What are your mind and emotions trying to teach you? How can you take charge and utilise your mind and emotions in healthy, helpful ways?

Tuesday 21 October 10am-3pm (with a break for lunch)
Centacare: Helen Diamond
$40

Positive Parenting
This session will cover the following topics of interest to parents including positive discipline, encouragement, attachment and brain development, managing anger and self care.

Wednesday 19 November 9:30am-1pm (with morning tea provided)
Centacare: Geraldine White
$40

Mt Prospect Tennis Association
(Creswick)

HOT SHOTS JUNIOR TENNIS PROGRAM
The Mt Prospect Tennis Association (Creswick) is proud to offer an 8 week Hot Shots Junior Tennis Program
From: Saturday 18 October 2014 through to Saturday 06 December 2014.

Facilitated by: Ashleigh Jolliffe

Primary school aged children aged between 5-8 years are invited to participate in this exciting program that introduces children to tennis skill development, game knowledge, and physical activity in a fun environment.

Each session is for 30 minutes at either 09:30am, 10:00am, 10:30am, or 11:00am and contains no more than 6 children per group (only 24 places available!).

Note: Parents must be in attendance for the duration of their child’s session.

Registration: Saturday 11 October 2014 @ 10:30am – 11:30am
Where:  Mt Prospect Courts (Creswick) – Court 23
Bring:  Hat, racquet (if you have one), drink bottle and your registration money.
Cost:  $ 40 per player

Queries can be directed to Tulsa Andrews on 0400 299 882 or email: t.andrews@federation.edu.au